



Brazosport Independent School District

Health & Wellness: Body, Mind & Community

Coordinated School Health Program Materials

Title of Program:	Health & Wellness: Body, Mind & Community		
Grade Levels Represented:	K-8		
School District:	Brazosport Independent School District		
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Documentation at:	http://www.brazosportisd.net/prog_services/coordschlhealth.htm		

Coordinated School Health Program Criteria	Coordinated School Health Program Materials	Evidence of criteria (All documents cited can be accessed on the BISD website)	Supporting activity
1. The program coordinates physical education/physical activity, classroom health education, nutrition/cafeteria services, and parental involvement.	Yes	SHAC/SDFSC Policies Eduphoria- District Web based Curriculum Manager BISD Wellness Program Board Policy-FFA (LOCAL) BISD Program of Studies (list of all courses offered) Board Policy-EHAC(LEGAL)	<ul style="list-style-type: none"> • School Health Advisory/ Safe & Drug Free School and Communities Advisory Committee coordinates the BISD CSHP Program, <i>Health & Wellness: Body, Mind, & Community</i> • SDFS/SHAC review district standards • BISD K-6 Health Curriculum Integration into Physical Education, Science, Social Studies, Music, Art, Language Arts, Reading • BISD Health Curriculum builds sequentially through out grades K-6 • Health Education develops communication skills, good decision making skills, and coping mechanisms to be used as life long skills • Physical Education provides developmentally appropriate activities K-8 • Physical Education allots 135 minutes to physical activity a week • Physical Education provides lessons on life long sports & encourages physical activity outside of school • Campus organize Jump Rope for Heart • Diabetes Walk • Staff Development is provided for child nutrition personnel annually • Nutritional services provides healthy choices in meals including whole grain items, fresh fruits & vegetables • Food Services personnel assist classrooms instruction on nutritional lessons

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			<ul style="list-style-type: none"> • Parent & Community Representation on SHAC
2. The program is coordinated within and across all grade levels on an elementary, intermediate, middle, and/or junior high school campus.	Yes	Eduphoria- District Web based Curriculum Manager BISD Wellness Program Board Policy –FFA (LOCAL) BISD Program of Studies Board Policy -EF (LOCAL) -EHAA(LOCAL) -EHAB(LEGAL)	<ul style="list-style-type: none"> • BISD K-6 Health Curriculum Integration into Physical Education, Science, Social Studies, Music, Art, Language Arts, Reading • Physical Education provides activity in Grades K-6, 135 minutes weekly • Physical Education requires three out of four semesters in Grades 7 & 8
3. The program has a training component that includes physical education/physical activity, classroom health education, nutrition/cafeteria services, and parental involvement activities and coordinates the four components of subsection (a) of this section. The training component must include teaching staff and parents.	Yes	Eduphoria – District Web based Professional Development Manager PTO Agendas Meet the Teacher Agendas	<ul style="list-style-type: none"> • Discovery Health Training for all Campus Tech reps K-6 • Staff Development in Physical Education K-8 • Health Education Development K-6 • Parent Involvement Night sponsored by campus PTO’s • Nutrition Information included on the district website and district menu • Child Nutrition Managers attend monthly manager meetings for trainings • Annual Nurses Professional Development • Monthly Nurses meeting for training and information Nurses trained & certified as screeners for <i>Acanthosis Nigricans</i> • Nutrition Professional Development
4. The program curricular components (health education and physical education) are based on Chapter 115 of the Texas Administrative Code (relating to Texas Essential Knowledge and Skills for Health Education) and Chapter 116 of the Texas Administrative Code (relating to Texas Essential Knowledge and Skills for Physical Education).	Yes	BISD Program of Studies Board Policy -EF (LOCAL) -EG (LOCAL) -EHAA(LOCAL) -EHAB(LEGAL) Eduphoria- District Web based Curriculum Manager	<ul style="list-style-type: none"> • K-4 Health TEKS are documented in BISD Scope & Sequence • K-8 Physical Education TEKS are documented in BISD Scope & Sequence.
5. The program includes assessment tools for schools to measure cognitive, behavioral, and attitudinal changes related to the four required components (physical education/physical activity, classroom health education, nutrition/cafeteria services, and parental involvement).	Yes	BISD Wellness Policy Board Policy-FFA(LOCAL) Emergency Operation Plan Board Policy – CK(LOCAL)	<ul style="list-style-type: none"> • Wellness Policy Campus Assessment • BISD Community Survey • Student/Staff Climate & Culture Campus Survey • Height/Weight/Acanthosis Nigricans screening • Chapter Assessments of Health Education • Utilization of the Presidential Physical Fitness Program & results • Utilization of the 100-Mile Run Fitness results • Nutrition Data shows growth in the number of students picking up whole grains, fruits, vegetables and milk with their school meal • Wellness Plan-Campus planning, using data, forming goals

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			<ul style="list-style-type: none"> Elementary Menus meet standards of the Healthier US School Challenge Gold of Distinction
6. The program is based on health education theory and national standards for instructional and/or industry best practices in each of the four components.	Yes	TEA State guidelines Textbook Requirements Board Policy-EFAA(LEGAL)	<ul style="list-style-type: none"> All textbooks used for instructions are TEA approved Professional Conferences based on current research & best practices – ✓ Physical Education info gained at TAHPERD State Convention ✓ Belle Blackwell School Health Conference ✓ TSNO Membership ✓ Training program at Harris County Department of Education
7. The program allows for tailoring to schools' individual needs and can be adapted to a variety of specific situations: ethnic diversity, children with disabilities, school schedules, socioeconomic status, geographic locations, and gender differences.	Yes	Individualized Campus Plans	<ul style="list-style-type: none"> Campus Based Decisions are made by CIT committees made up of administrators, teachers, paraprofessionals, parents and community members. Individual campus master schedules/Free & Reduced lunch program Adaptive PE for disabled students Child Nutrition makes special arrangements for individuals with special needs and a qualifying doctor's statement Notification of Food Service Program in the form of free and reduced meal applications, menus etc. Food Services makes special arrangements for individuals with special meal needs certified by a doctor Notification of Child Nutrition Program Gender specific PE classes in intermediates schools
8. The program trains school district staff in the annual use of assessment and planning tools for school health programs and policies, such as the elementary school version of the School Health Index available at the National Centers for Disease Control and Prevention website.	Yes	BISD Wellness Survey Board Policy –FFA(LOCAL)	<ul style="list-style-type: none"> BISD Community Survey is assessed at District Board Meetings, DEIC meeting, management team meeting, and campus faculty meetings to revise areas of concern and base decisions on data. Campuses complete Wellness Plan Monitoring/Implementation Plan to review their campus status in comparison to the district's expectation. Individual campuses then modify and revise their program. Training of Presidential Award Program in PE Food Managers are trained in surveying the student's choices of food Food Managers are trained in healthy food preparation and nutrition information. Nurses attend annual training and monthly training meetings
9. The program includes an evaluation of its nutritional services component that includes compliance with the Department of Agriculture guidelines relating to foods of minimal nutritional value.	Yes	BISD Wellness Program Board Policy-FFA(LOCAL) Vending Monitoring Form	<ul style="list-style-type: none"> Campus on site reviews of Wellness Plan/USDA Compliance utilizes data to set goals, involving the principals Texas School Nutrition Policy Compliance Assessment of Vending machines

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10 (a). <i>School district programs:</i> School district programs must use materials that are proven effective, such as TEA-approved textbooks or materials developed by nationally recognized and/or government-approved entities.	Yes	TEA State Guidelines BISD Program of Studies Board Policy -EF (LOCAL) -EG (LOCAL) -EHAA(LOCAL) -EHAB(LEGAL)	<ul style="list-style-type: none"> BISD curriculum is approved by district board and follows TEA Guidelines
10 (b). <i>Non-school district programs:</i> Programs must be peer-reviewed and show empirical evidence of effectiveness prior to submission	NO		

Cost to districts (per pupil): _____ Coordinated School Health Program incorporates established program at no additional cost to the district. _____

Are these copyrighted materials? No

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